

# GETTING TESTED FOR COVID-19

If you have any of the following symptoms, you can get tested:



Cough



Loss of smell



Sore throat



Fever



Runny nose



Shortness of breath

If you do not have any of these symptoms you do not need to be tested. If you are unsure if you should be tested, call your family doctor or Healthline on 0800 358 5453.

## BEFORE TESTING

Have ID for all those who are getting tested

If you know it, have your NHI number ready

If you have a mask or face covering, please wear this.

Ensure you have a working cellphone number. This will be the number the clinic will use to give you your results.

Limit your contact with other people when going to the clinic.

## DURING TESTING

The staff will ask you about any symptoms you have.

If you have symptoms, they will direct you where to go. If you do not need to be tested, you'll be given information advising why.

The staff will then ask for your details e.g. cellphone number, email and your family doctor.

They will then use the swab to test you.

You will now receive information advising what you must do until you receive your results.

FIND OUT WHERE TO GET A TEST  
[ARPHS.HEALTH.NZ/COVID19TEST](https://www.arphs.health.nz/covid19test)

## AFTER TESTING

Please follow the instructions in the information you received from the clinic after testing.

If your test result is **negative** you will be texted within 5 days.

If your test result is **positive** the Auckland Regional Public Health Service will contact you immediately.

